

NUTRITIONAL SUPPLEMENTS

SOY PROTEIN - *An excellent source of highly bio-available protein and contains a superior vegetable source amino acid profile. An excellent source of dietary fiber & iron.*

WHEY PROTEIN - *Excellent source of protein, it is free flowing, featuring a variety of nutritional and functional properties. A slight vanilla flavor with a nicely balanced sweetness.*

WHEAT BRAN - *The fibrous outer layer of the wheat berry. It promotes the movement of food materials through the digestive tract and bind toxins & waste materials to eliminate them.*

WHEAT GERM - *Is the heart of the kernel of wheat. It is the most nutrient dense of the wheat berry. Good source of non-animal protein, b-complex vitamins, vitamin E, calcium, magnesium, manganese, copper, phosphorus & several trace elements.*

BREWERS YEAST - *Contains over 14 minerals, chromium & the Vitamin B complex. It helps to break down proteins, carbohydrates & fats for more efficient use by the body and helps to maintain muscles.*

BEE POLLEN - *Composed of 10-15% protein, has an antimicrobial effect useful in combating fatigue, depression, cancer & colon disorders, strengthens the immune system.*

COMPLETE NUTRIENT - *Provides 100% of the U.S. recommended daily allowance of essential vitamins and minerals to maintain good health.*

ANTIOXIDANT / IMMUNE BLEND - *Zinc echinacea & vitamin C, excellent supplement for the immune system. A powerful blend of herbs, vitamins and minerals. Rose Hips Vitamin C - Helps block oxidation by preventing damage caused by free radicals.*

CREATINE MONOHYDRATE - *Assists in the production of energy & muscle building process. Used to enhance athletic performance & post-surgery recovery.*

PURE SPIRULINA - *The second most nutritious food after mothers milk. It is considered one of the most highly nutritional protein supplements available. Excellent source of amino acids.*

WHEAT GRASS POWDER - *A rich source of vitamin A, B, C, E and other mineral elements. It purifies and detoxifies the body & aids in metabolizing nutrients.*

MIRACLE GREENS - *Contains the highest amount of anti-oxidants, co-nutrients, enzymes, vitamins, minerals, trace minerals and amino acids, a powdered super food with 38 miracle ingredients, improves mental sharpness, strengthens immune system, increases energy naturally, converts and absorbs fat and rejuvenates and detoxifies cells and colon, supplies more phyto-nutrients per serving than a daily five servings of fruits and vegetables.*

MACRO REDS - *Super anti-oxidant formula with goji, acai, pomegranate, mangosteen + 19 organic berries and fruit.*

GINSENG - *Ginseng has been used to improve the body's resistance to stress and to increase vitality.*

VITAMIN C 5000 - *Contains high antioxidant properties, aids in production of anti-stress hormone, helps protect against effects of pollution, cancer & infection.*

CALCIUM COMPLEX - *A superior quality source of supplemental bone building calcium and related minerals and nutrients. It is also essential for proper function of the nervous system, muscle contraction, blood coagulation and critical acid/alkaline balance throughout the body.*

LECITHIN POWDER - *A unique natural occurring fat emulsifier derived from soybeans. This product is highly concentrated supplemental dietary source of important nutrients including phosphatidyl-choline, phosphatidyl-inositol, vitamins, minerals and essential unsaturated fatty acids.*

FLAX SEEDS - *It may be tiny, but it's mighty! High in antioxidants, fiber, omega-3 fatty acids & phytochemicals. The flax seed carries one of the biggest nutrient payloads on the planet.*

CHIA SEEDS - *Benefits of chia seeds! Lose Weight Without Starving. Balance Blood Sugar. Help Prevent Diverticulitis / Diverticulosis. Add extra healthy omega-3 oil to your diet and Feel more energized all day long and its age-defying anti-oxidants.*